

ELBA PUBLIC SCHOOL



2024

TRIENNIAL WELLNESS

MEET OUR TEAM

Logan Simmerman

Beverly Moore

Lacie Hogan

Kayla Leach

Mary Ferrer

Melissa Donscheski

Allison Pritchard

ASSESSMENT RESULTS

POLICY COMPLIANCE RESULTS

- Our district is committed to providing our students:
 - nutrition, through our Beef in the Lunch program, Smart Snack Cart, Apple Crunch Off, healthy eating, Backpack Program, CEP Program: Free Breakfast/Lunch, school-provided water-bottles, and athlete dinners.
 - physical activity opportunities by utilizing the PE program, recess, PLT4M, extra-curricular activities, youth sports, and bike safety course.
 - an emphasis on student wellness, by their health class, Toilet Talks, Affirmation, Character Strong, SEL curriculum and Healthy Sleep Night Education.



AREA 1:
NUTRITION



AREA 2:
PHYSICAL ACTIVITY



AREA 3:
STUDENT WELLNESS

WELLNESS POLICY GOALS

- The district will promote healthy foods for the entire school district by participating in the backpack program.
- The district will encourage other alternatives for physical activity in the classroom such as: brain breaks, rhythmic review games, etc.
- Students will be given the opportunity to learn about wellness and healthy living in a variety of settings.

MOVING FORWARD

Our district will review and improve to better fit our schools' individual needs.



308-863-2228

<https://www.elbaps.org/>

711 Caroline St, Elba NE 68835

logan.simmermann@elbaps.org